

**Course Title: Grade 4 Health**  
**Credit / Hours: 12 hours**

**Board Approval Date: June 2012**

**Course Description:**

This course focuses on mastery of the PA Academic Standards for Concepts of Health and Healthful Living. Topics assigned to this course include: Stages of Growth; Nutrition; Health Problems & Disease Prevention; and Substance abuse.

**Learning Activities / Modes of Assessment:**

Large group instruction	Tests and Quizzes
Laboratory experiments	Checklists / Teacher Observation
Small group work	Projects with Rubrics
Computer simulations	Lab Journals / Write-ups

**Instructional Resources:**

*Glencoe Health*; 2011

## Course Pacing Guide

### **Course: Grade 4 Health**

<b>Course Unit (Topic)</b>	<b>Length of Instruction (Days/Periods)</b>
1. Growing Up, Growing Strong (Health & Wellness)	3 Days
2. Food for Thought & Play (Nutrition)	3 Days
3. No Need for Weed (Drug Education)	3 Days
4. Disease Prevention	3 Days